



Dinner at Winery 7:00PM

**DAY 5 Sun | March 15**

Breakfast 8:00AM

**Ascend Table Mountain** (weather permitting) 9:00AM

This huge, time-sculpted slab of shale, sandstone, and granite that rose from the ocean some 250 million years ago, is Cape Town's most instantly recognizable feature. Under consideration for World Heritage Site status, the flat-topped mountain dominates the landscape, climate, and development of the city at its feet, and provides Cape Town with a 6,000-hectare (15,000-acre) wilderness at its center. The best view is from Table Bay from where you can get some idea of the relative size of the mountain--it can be seen from 150 kilometers (93 miles) at sea. The fact that the mountain alone has more plant varieties than the entire British Isles (some 1,470 species) is flaunted with pride, and it is thought to be the most climbed mountain in the world.

We will ascend the mountain via cable car, and once there, spend time exploring. The narrow table is 3 kilometers long (almost 2 miles), and 1,086-meter (3,562-foot) Maclear's Beacon is its highest point. The upper cable station and the Dizzy Dassie restaurant are on the western edge, from which you can view the series of peaks named the Twelve Apostles towering over Camps Bay. Walk eastward and you'll have a view of the southern suburbs. The back table, with its forests, fynbos, and the reservoirs that supply Cape Town with its water, is a wonderful place to hike, but much of it is off limits.

**Visit District 6 and the Bo-Kaap Neighborhood** 11:00AM

The charm of the Bo-Kaap neighborhood provides some measure of what was lost when District Six was razed; opposite the Bo-Kaap, and clearly visible from any raised point, this vacant land is located on the city's southern border. When bulldozers moved in to flatten the suburb in 1966, an estimated 60,000 Cape Muslims (then referred to as colored) were living in what was condemned a ghetto by the apartheid hardliners. District Six housed people from every walk of life--musicians, traders, teachers, craftsmen, *skollies* (petty criminals), hookers, and pimps--and was one of South Africa's most inspired and creative communities, producing potent poets, jazz musicians, and writers. The community was relocated piecemeal to the Cape Flats--a name that accurately describes both the geography and psychology of the area.

To better understand this loss, we will visit the District Six Museum at 25a Buitenkant St., In addition to the photographs that go some way toward capturing the energy of its street life, the entire suburb has been mapped on the floor, which ex-residents have poignantly re-inhabited by scrawling both names and memories.

**Trip to Robben Island** 3:00PM

Robben Island Museum

Only four groups organized by the Department of Arts, which manages the Robben Island Museum (encompassing the entire island), are allowed to land on the island. Access to the island is limited, and visitors are transported via the Makana or the Autshumato, luxury high-speed catamarans that take approximately 25 minutes. (Note that the views of Table Mountain and Cape Town as you pull out of the harbor are fantastic--don't forget your camera.) The tour's highlight is the prison where you can view the tiny cell in which Mandela spent most of his 27 years of imprisonment. To make the experience even more poignant, an ex-political prisoner conducts the tour, giving a first-hand account of what it was like to live here. Bus tours of the island provide passing glimpses of the lepers' church and graveyard, PAC-leader Robert Sobukwe's house, wardens' village and the lime quarry where prisoners worked. Final stops take in Robben Island's wildlife and World War II artillery sites. Tours take 2 1/2 hours.

**Dinner in Langa Township, Lelapa Restaurant**

8:00PM

African Menu/Entertainment

The name Lelapa means "the home". In 1927, black people were forcefully moved from Ndabeni. During the same year Langa township was developed. The houses were built small, the roads narrow. but the people lived there. The restaurant was one of these small homes, which Sheila has slowly transformed into a restaurant over the years. Langa is rising like the sun (the meaning of "langa") and her people are rising as well.

After 73 years, Lelapa (meaning "the home") Restaurant opened. Lelapa is one of Langa's big surprises, where people from all over the world come for lunch or dinner.

We at Lelapa welcome our guests, we make them feel comfortable and we share our stories with them. You will enjoy a taste of township life, when we visit Lelapa, where they serve a fine range of township cuisine.

**DAY 6****Mon | March 16**

Breakfast

8:00AM

Academic Programming

Business, Law &amp; Literature

**Community Service Day**

Free time in Cape Town

4:00 PM

**DAY 7****Tues | March 17****Visit Jeffrey Arendse at Kalksteen Primary**

9:00AM

This one of the apartheid built schools when people were thrown out of Kensington and District Six. We will be bring books and supplies to the children of this school and meet with the headmaster to discuss ways we can help through out the year. Currently they have a feeding scheme where they feed the children 2 slices of bread everyday, which cost R52.00 per week. This was originally only meant for the lower grades but he has made it possible for all the kids. This way even if there is no food at home the kids at least get something, which also encourages them to come to school.

The school fees are R100.00 per annum and about a third of the kids can't afford this. They have uniforms but need books and school supplies. There is about a 59:1 ratio teacher to students in some of the classes

**Trip to Cape of Good Hope Nature Reserve**

11:00AM

Cape of Good Hope Nature Reserve

Part of the Cape Peninsula National Park (which also encompasses the Silvermine Nature Reserve and Table Mountain), the Cape of Good Hope is most famous for Cape Point, the farthest tip of the Cape Peninsula. The reserve is home to baboons, eland, ostrich, and bontebok. (Be aware that the baboons, which have become habituated to humans, can be dangerous; keep your car windows closed and never feed them.) The usually wind-swept reserve is pretty bleak, but the coastal views are arresting. The Cape of Good Hope is a rocky beach that marks Africa's most southwestern point. Most head straight for Cape Point, taking the funicular (R20 round-trip) to the viewing platform and lighthouse--the view is spectacular

**Visit Colony of South African (Jackass) Penguins at Boulders Beach and Indian Ocean**

2:00 PM

Jackass penguins are the only nesting penguins found on the African continent. They occur from Bird Island near Port Elizabeth in the east, all round the south coast, and up the West Coast of South Africa into Namibia. They nest in colonies, mainly on offshore islands, but two colonies recently became established on the mainland. One of these is at Boulders Beach, near Simonstown, and the other is at Bettys Bay. Both locations are in the southwestern part of Western Cape Province, South Africa. Jackass Penguins are also known as African Penguins, and have the scientific

name of Sphenicus demersis. They are called Jackass Penguins because they make a noise that resembles the sound made by a donkey braying.

Depart Cape Town 8:00 PM

Arrive Johannesburg 10:00 PM

## **DAY 8 Wed | March 18 JHB**

Breakfast 8:00AM

Academic Programming

Business, Law & Literature

*Community Service Day* 9:00AM

**Tour Apartheid Museum** 3:00PM

AFTER a few hours at the Apartheid Museum you will feel that you were in the townships in the 70s and 80s, dodging police bullets or teargas canisters, or marching and toy-toying with thousands of school children, or carrying the body of a comrade into a nearby house.

This extraordinarily powerful museum has already become the city's leading tourist attraction, an obligatory stop for visitors and residents alike. The Museum, with its large blown-up photographs, metal cages and numerous monitors recording continuous replays of apartheid scenes set in a double volume ceiling, concrete and red brick walls and grey concrete floor, is next to the Gold Reef City Casino, five kilometres south of the city centre.

The Museum occupies approximately 6 000 square metres on a seven-hectare site which consists of natural recreated veld and indigenous bush habitat containing a lake and paths, alongside its stark but stunning building. "The synergy between the natural element and the building finish of plaster, concrete, red brick, rusted and galvanised steel, creates a harmonious relationship between the structure and the environment," says chairman of the Museum board, John Kani.

A multi-disciplinary team of curators, filmmakers, historians, museologists and designers was assembled to develop the exhibition narrative which sets out by means of large blown-up photographs, artefacts, newspaper clippings, and some extraordinary film footage, to graphically animate the apartheid story.

## **DAY 9 Thurs | March 19 JHB**

Breakfast 8:00AM

Academic Programming

Business, Law & Literature

*Community Service Day* 9:00AM

**Bus Tour City of Johannesburg** 2:30PM

**Bruma World Market**

African curios, various crafts, funky second-hand clothing, one-off fashions and fashion rip-offs is on offer here. Over 620 traders stock a multitude of exciting curios and antiques, from textiles to furniture. This is certainly the place to get that special something, or simply to browse and get a feel for grassroots trade in Jo'burg.

**SAB Miller World of Beer**

An historical look at the development and evolution of beer-making, the tour incorporates Africa's brewing traditions. Based in the lively Newtown district, this tour is always a fun-filled affair with some sampling at the end of the tour.

**Market Theatre**



students in Soweto marched against the repressive imposition of Afrikaans in schools and the Mandela Family Home/Museum which is the former four-roomed home of Nelson and Winnie Madikizela-Mandela

Leave for Airport (INTERNATIONAL)	5:00PM
Check in for Flight to USA	
South African Air Flight 203	
Flight departs for USA	7:40PM

**Day 13**                      **Mon | March 23**

Arrive New York	7:10AM
Clear Customs	8:20AM
Board Bus for Rutgers Camden	8:45AM
Arrives Rutgers Camden	11:00AM

The trip-related cost is estimated at \$3295. This fee covers airfare (about 50% of the cost), 10 nights' accommodations, travel fees and in-country bus transportation, all entry fees, and some meals while on the trip. The trip fee payment schedule is as follows (details about where/how to pay will be provided later):